


	Monday 5/16	Tuesday 5/17	Lean & Green Wed 5/18	Thursday 5/19	Friday 5/20
Entrée – choose 1	*Cook's Choice *Pepperoni Pizza (34g) *Chili with Tortilla Chips (37g) & Dinner Roll (16g)	*Sloppy Joe on Bun* (36g) **Macaroni-n-Cheese (28g) & Dinner Roll (16g) *Chicken Patty on Bun (34g)	**Veggie Pasta Bake (46g) & Dinner Roll (16g) **Blazin' Buffalo Wrap (49g) **French Bread Cheese Pizza (33g)	*Hamburger on Bun (26g) *Turkey Divan (35g) & Biscuit (27g) *Chicken Drumstick (7g) & Cornbread (32g)	*Chicken Tenders (12g) & Dinner Roll (16g) **Veggie Pizza (39g) or Cheese Pizza (34g) *Fiesta Nachos (31g)
	COLD ENTREES **Cheese (2g) + Cinnamon Roll (36g) + Fruit	COLD ENTREES *Turkey & Cheese Wrap (30g)	COLD ENTREES **Yogurt Parfait (49-67g) & Muffin (26-29g)	COLD ENTREES **Citrus Salad (42g) & Cornbread (32g)	COLD ENTREES **Egg Combo (33-59g)
Choose 1 or more	*Corn (14g)	*Potato of Choice (19-23g) *Collard Greens (4g)	*Green Beans (5g) *Hot Cinnamon Apples (22g)	*Potato of Choice (19-23g) *California Mixed Vegetables (5g)	*Steamed Broccoli (2g) **Black beans (21g)

WEEK 3

	Monday 5/23	Tuesday 5/24	Lean & Green Wed 5/25	Thursday 5/26	Friday 5/27
	*Cheeseburger on Bun (27g) *Pepperoni Pizza (34g) *Chicken Fried Rice (54g)	*Chicken Boneless Wings (15g) & Dinner Roll (16g) **Cook's Choice (vegetarian) *Turkey Sausage & French Toast Sticks (59g)	**Oriental Stir Fry over Rice (54g) **Veggie Power Burger on Bun with BBQ (44g) or Cheese (40g) **French Bread Cheese Pizza (33g)	**Cheese & Bean Enchilada (42g) *Chicken Drumstick & Waffle (35g) *Cook's Choice	*Salisbury Steak on Bun (36g) **Veggie Pizza (39g) or Cheese Pizza (34g) *Cook's Choice
	COLD ENTREES **Yogurt, Sunflower Seeds, Craisins & Grahams (88-89g)	COLD ENTREES *Chef Salad (16g) & Cornbread (32g)	COLD ENTREES **Yogurt Parfait (49-67g) & Muffin (26-29g)	COLD ENTREES *Turkey Ham & Cheese Wrap (33g)	COLD ENTREES *Crispy Chicken Salad (27g) & Muffin (26-28g)
Choose 1 or more	*Steamed Cabbage (3g) **Black beans (21g)	*Potato of Choice (19-23g) *Green Beans (3g)	*Corn (14g) *Hot Cinnamon Peaches (27g)	*Steamed Broccoli (2g)	*Italian Mixed Vegetables – (6g) zucchini, carrot, cauliflower, Italian green bean & lima bean

WEEK 4

A selection of fruits & vegetables (such as fresh lettuce, tomato, broccoli, and carrots); students may have as many fresh fruits and vegetables that they would like to eat. A choice of 1% low fat white milk (13g) or fat-free chocolate milk (22g) offered for school lunch. A complete meal is free for all students under the Community Eligibility Provision. Grams of carbohydrate in each food listed in parenthesis (g). Nutrient content and ingredients are available upon request. **Vegetarian high protein food item is available at lunch daily. No pork or seafood offered. Menu subject to change. This institution is an equal opportunity provider, employer, and lender. Revised 3/9/2022

	Monday 5/30	Tuesday 5/31	Lean & Green Wed 6/1	Thursday 6/2	Friday 6/3
Entrée – choose 1		*Cook's Choice *Chicken and Cheese Taquitos (30g) *Cook's Choice	**Fiesta Rice and Tortilla Chips (57g) **Cheese & Bean Enchilada (42g) **French Bread Cheese Pizza (33g)	*Hot Italian Sub (31g) *Cheesy Chicken Crunch Wrap (52g) *Hamburger on Bun (26g)	
	NO SCHOOL	COLD ENTREES	COLD ENTREES	COLD ENTREES	NO SCHOOL
Choose 1 or more		**Citrus Salad (42g) & 2 Dinner Rolls (32g)	**Yogurt Parfait (49-67g) & Muffin (26-29g)	**Egg Combo (33-59g)	
		*Potato of Choice (19-23g) *Steamed Broccoli (2g)	*Green Beans (5g) *Hot Cinnamon Apples (22g)	*Potato of Choice (19-23g) *Ohio Day Roasted Carrots (4g)	

WEEK 1

Hello
Summer

A selection of fruits & vegetables (such as fresh lettuce, tomato, broccoli, and carrots); students may have as many fresh fruits and vegetables that they would like to eat. A choice of 1% low fat white milk (13g) or fat-free chocolate milk (22g) offered for school lunch. A complete meal is free for all students under the Community Eligibility Provision. Grams of carbohydrate in each food listed in parenthesis (g). Nutrient content and ingredients are available upon request. **Vegetarian high protein food item is available at lunch daily. No pork or seafood offered. Menu subject to change. This institution is an equal opportunity provider, employer, and lender. Revised 3/9/2022